

Celebrate a saint's feast at home

Home customs are optional. Feast dates and liturgical observances can differ by place; check your parish calendar. Distinguish reliable history from later legends when sharing a saint's story.

Before the day

☐ **Choose a saint**

Begin with a family name, a local patron or a saint whose story interests you.

☐ **Check the date**

Look at the calendar and confirm local observances where needed.

☐ **Read a reliable account**

Use Life of the Saints and follow its sources for further reading.

☐ **Choose a virtue**

Find one concrete example of courage, generosity, patience or faithfulness.

One thing to carry into the next week

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Continue at your own pace. These are invitations, not a test to complete.

Celebrate and live it

☐ **Pray together**

Thank God for the saint's example and ask for help following Christ.

☐ **Share something simple**

A familiar meal or a drawing is enough; special purchases are optional.

☐ **Practice the virtue**

Choose a small act of care that fits the saint's example.

☐ **Remember what helped**

Write a sentence or draw a picture to return to next year.

One thing to carry into the next week
