



Our Catholic Week

PLAN · PRAY · LIVE · CELEBRATE



Ordinary days. Extraordinary grace.

LIFE OF A CATHOLIC

A week with room for faith

Week of: _____ Keep the plan simple enough for real life.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

A prayer, a commitment, or one person to care for each day.

Prepare for Sunday

Check the current schedule with your parish and make space to arrive without rushing.

Mass time, location, and practical details

People and intentions we will bring to prayer

A word or question to revisit after Mass

A simple way to rest or reconnect

At the end of the week

Remember what was good. Let one manageable next step emerge.

What helped us make room for God?

Who might need our attention next week?

One thing to continue, and one thing to simplify
