

Care for what is given

Start any week / About 20-30 minutes together / Adapt to your household

Read together: Genesis 1:1-31

The opening of Genesis presents creation as a gift from God. Wonder can lead to responsibility: noticing what is around us, using things carefully and caring for a shared home. This activity works at a window, with a houseplant or outdoors. You do not need to buy supplies or travel somewhere special.

Talk together

What detail in the natural world did you notice today?

What do we use that someone worked hard to make?

What is one thing we could care for instead of replacing?

Make or do: A noticing notebook

You will need: Folded paper and a pencil; an indoor or outdoor view.

1. Choose a plant, a patch of sky or another safe place to observe. Spend a quiet minute looking closely.
2. Draw three details: a shape, a color and something that changes. Children can describe instead of drawing.
3. Choose one act of care: water a plant appropriately, reuse a container or help an adult repair something.

Read the Bible passage at bible.usccb.org. Scripture text is not reproduced. Sharing aloud is always optional.

A thought, sketch or idea from our activity

Our week of small beginnings

Dates: _____ / Choose the pace that fits your family.

- ☐ **Day 1: Read the creation reference.**
- ☐ **Day 2: Notice three small details.**
- ☐ **Day 3: Make your notebook page.**
- ☐ **Day 4: Care for something you already own.**
- ☐ **Day 5: Reuse something safely.**
- ☐ **Day 6: Pray for people who grow our food.**
- ☐ **Day 7: Choose one habit to continue.**

Make room for different ages

Ages 4-7: Name colors and shapes together. Let curiosity guide the conversation.

Ages 8-12 and older: Find out where an everyday material comes from and how to use it with less waste.

Put love into practice

Care for a shared space with permission. Adults handle hazardous litter; leave wildlife and unfamiliar plants undisturbed.

Pray together

Creator God, thank you for the world you entrust to us. Teach us wonder, gratitude and care for our neighbors and our shared home. Amen.

A moment we want to remember
